

PREVENTING CHILD ABUSE: WHAT YOU CAN DO IN YOUR COMMUNITY

Get to know your neighbors. Problems often seem less overwhelming when you have support nearby.

Reach out to families and children in your community. If a family you know seems to be under stress, offer to help. You can offer to baby-sit, help with chores and errands, or suggest resources that can help the family.

Volunteer to support children and families. You can become a parent mentor and serve as a role model for new parents. You also can volunteer at a parent resource center and help families get the support they need.

Encourage child- and family-serving agencies you are involved with to do something about child abuse. They can develop and implement a child abuse prevention policy and provide annual child abuse awareness presentations for staff, volunteers and parents.

Be an active community member. Attend town meetings and community events. Join groups that are working to improve your community.

Get involved with the local child abuse prevention agency or collaborative in your community. You can call PCA Georgia's Helpline, 1-800-CHILDREN, for help in locating a prevention agency in your community.

Become an advocate. Speak out against child abuse. Contact your elected officials and ask them to support child- and family-friendly policies and funding for prevention programs.

Make a donation to organizations that serve children and families. Most charitable contributions are tax deductible, and they support efforts to help children and families.

If you suspect child abuse, report it – it's the right thing to do.

- Reporting child abuse could save a life.
- The cycle of abuse can be stopped.
- Abusive families can get help.



Call **1-(800)-CHILDREN** for more information
or to talk confidentially to a counselor.

Or visit us on the web at
www.preventchildabusega.org



Prevent Child Abuse
Georgia