

# Internet Resources for Parents

**About Our Kids** – information for parents  
[www.aboutourkids.com](http://www.aboutourkids.com)

**American Academy of Child & Adolescent Psychiatry (AACAP)**

Section entitled “Facts for Families” which contains numerous fact sheets for families. They are available in English, Español, Deutsch, Français, Polish and Icelandic.  
<http://www.aacap.org/publications/factsfam/index.htm>

**Born Learning**

Information and tips for parents on early learning  
[www.bornlearning.com](http://www.bornlearning.com) or [www.civitas.org](http://www.civitas.org)

**Connect for Kids** – Info for parents  
[www.connectforkids.com](http://www.connectforkids.com)

**Kids Health** - [www.kidshealth.com](http://www.kidshealth.com)

Lots of info about health, parenting, etc. and is available in Spanish

**March of Dimes**

Information about pregnancy, newborns, illnesses, safety, etc.  
[www.modimes.org](http://www.modimes.org)

**NetSmartz** – Internet safety  
[www.netsmartz.org/index.htm](http://www.netsmartz.org/index.htm)

**National Center for Fathering**

Info for fathers, tips on parenting, programs, etc.  
[www.fathers.com](http://www.fathers.com)

**Parents Action for Children** (formerly I Am Your Child Foundation)

Resources for parents  
[www.iamyourchild.org](http://www.iamyourchild.org)

**Zero to Three**

Lots of info for parents  
[www.zerotothree.org](http://www.zerotothree.org)

