



DADS MAKE A DIFFERENCE

A father is the most important man in a child's life! Effective dads raise resilient children who feel a sense of worth. But being a good parent is a learned experience that takes time and effort. The rewards, however, are well worth the investment.

Here are a few ideas that might help you better connect to your children and become the role model and positive influence they need to thrive:

- ✦ **Make time for your children.** Finding time for your children is important. If you are always “too busy” for them, they will feel neglected, no matter how much you love them.
- ✦ **Praise your children often.** Providing positive reinforcement to your children and consistently showing your appreciation for their strengths encourages them to thrive.
- ✦ **Be a role model for your children.** Demonstrating the values you want your children to develop shows them what is truly important in life.
- ✦ **Read to your children.** Reading to your children is a wonderful way to instill a love of reading in them that will lead to a lifetime of growth. It also allows for quality time and “teachable moments” with your children.
- ✦ **Show affection for your children.** Knowing that they are loved and accepted gives your children a sense of security and increases confidence.
- ✦ **Listen to your children.** Taking the time to listen to your children is a great way to show them that you value them and that they are important.
- ✦ **Value your children for the individuals they are.** Loving your children for their individuality helps them enhance their talents and overcome obstacles to achieving lifetime dreams and goals.
- ✦ **Know that your work is never done.** Spending time with your children when they're young ensures that they will turn to you for wisdom and advice long after they begin to build their own families.



FOR MORE INFORMATION

Dads do make a difference in the lives of their children. For additional ideas, call our Helpline at 1-800-CHILDREN (244-5373). You may also send an email to: helpline@preventchildabusega.org. Being involved is just one way you can work to prevent child abuse and neglect. ***Preventing child abuse is the work of everyone, every day.*** Join us.

*Join our mission to prevent child abuse
and neglect in all its forms*

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